## Count on us to make the numbers add up

Build your confidence with maths and money, help your children with their homework, find out how decorate your home for less, learn how to budget, put some money aside for a rainy day and so much more.

- + Courses to suit everyone
- + No exams or tests
- + 9 hours per course
- + All materials supplied

Delivered at Fleetwood Learning Centre @ The Hub (previously the site of Fleetwood Old Hospital

### **Interested?**

We have weekly sessions at Fleetwood Learning Centre. We are also happy to deliver a course to a group in any community or workplace setting.

For more details or to book a course call 01253 504690 Email multiply@blackpool.ac.uk or message us on facebook.com/bfcSeasiders



# FREE

short, adult courses that add up to more confidence and better decisions

### Bonus £30

in food vouchers for each course you complete







The courses can be accessed by anyone over the age of 19 and are free for both employed and unemployed individuals.

#### What's on offer

Each of our new 9-hour courses has been created to help you get the most of the money you already have or to help you make more of it in all kinds of ways.

#### **Making Sense of Money:**

- + The basics of budgeting and money management
- + Making your money stretch
- + Finding discounts and being money wise
- + Shopping, energy bills and savings

#### **Money in Your Pocket:**

- + Motivation for work
- Searching for local job opportunities
- Accessing better off calculations online
- + Identifying available childcare support

#### Savvy Saver:

- + Looking at your income and expenditure
- + Planning your budget
- + Saving tips and tricks
- Understanding direct debits and seeing if you can reduce your costs
- + Switching banks and accessing rewards
- Using online banking safely

#### **50+ Ready For Change:**

- + Recognising the value of your knowledge and life experience
- Embracing change
- Finding jobs that match your strengths and skills
- Planning for a financially stable future

#### **Making Money Online:**

- + Accessing and using price comparison sites
- + Buying and selling websites that can help you save and make money
- + Helping you decide what to buy and sell
- + Buying and selling safely online

#### Maths Made Easy:

- How to calculate common sums
- + How to work out percentages, fractions and decimals
- + Websites that can enhance your confidence with number skills
- Progression routes to take your maths to the next level

#### Healthy Living on a Budget:

- Identifying how to reduce your weekly shopping bill
- + Discounts and bulk buying
- Reward applications and cards
- Food that heightens your mood and energy levels
- + Batch cooking to save on time and energy costs
- + Busting cooking cost myths

#### **Help for Homework:**

- + Current maths methods used to complete maths schoolwork and exams
- Refreshers on specific maths topics
- Identifying online support you can access from home

#### Home design on a budget:

- Accessing and using retail price comparison sites to get the best price for materials
- Accessing discount websites that sell furniture and homeware for a fraction of the retail price
- + Learning the basics of interior design to maximise space
- + Identifying colours that create a calm environment with a feeling of space