

EXPLORE WYRE'S

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council

# Great Outdoors

WHAT'S ON AT OUR COAST, COUNTRYSIDE AND PARKS

## Great Outdoor Activities – August 24

Please check [www.wyre.gov.uk](http://www.wyre.gov.uk) for the latest updates

Thurs 1, 8, 15, 22 & 29	<b>Rossall Point Tower Beach Clean</b> - 10:30am – 12 noon / Free A chance to help care for the coast with no long term commitment. Just turn up. Meet Rossall Point Tower, Promenade, Fleetwood
Fri 2, 9, 16, 23 & 30	<b>The Bay - Blueprint for recovery Wellbeing Group</b> - Free Join the Wildlife Trusts award winning wellbeing project to improve your mental health, help the natural world, learn new skills and connect with like-minded people. Meet at Wyre Estuary Country Park, Stanah Pre-registration essential. Register for the above sessions with Mike: 07927 551380 or <a href="mailto:mmcdonnell@lancswt.org.uk">mmcdonnell@lancswt.org.uk</a>
Fri 2, 9, 16, 23 & 30	<b>Social Cycling</b> - 10am – 11am / Free If you would like to get out cycling or you'd like to start cycling with others, these short, relaxed paced rides might be just the motivation you need. One-hour gentle bike ride, adult bikes and helmets available or bring your own. Every Friday. Just turn up at Marine Hall, Fleetwood
Fri 2, 9, 16, 23 & 30	<b>Wyre Wheels</b> – Sessions run from 10am till 1pm (with the last admission at 12.30pm) / £4 per person Wyre Wheels is a cycling programme offering participants the opportunity to ride adapted bicycles including trikes, side-by-sides, hand bikes, quad and wheelchair bikes. Just turn up at the Memorial Park Pavilion (next to the cenotaph).
Fri 2	<b>Wyre Rivers Trust Amble – Scorton</b> - 10:30am – 1:30pm / Free A walk, up and over Nicky Nook and the surrounding Grizedale Valley from Wyresdale Park, Scorton Visit <a href="http://wyrerivertrust.org">wyrerivertrust.org</a> for more information and booking.
Fri 2	<b>Scorton Short Walk</b> - 2pm – 3pm / Free A circular walk around Scorton. This is one of the more advanced short walks. Just turn up. Meet at Scorton Village Centre
Sat 3	<b>Garstang Show</b> - 8:30am – 5pm <a href="http://garstangshow.org">garstangshow.org</a>
Sat 3	<b>Cleveleys Short Walk</b> - 11am – 12noon / Free Take the sea air at Cleveleys and join our friendly volunteers for a relaxed walk along the promenade and paths around nearby parks. Just turn up. Meet at Cleveleys Community Centre, Cleveleys

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## Great Outdoor Activities – August 24 (2)

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<p><b>Mon 5, 12 &amp; 19</b></p>	<p><b>The Bay - Blueprint for recovery Wellbeing Group - Free</b> Join the Wildlife Trusts award winning wellbeing project to improve your mental health, help the natural world, learn new skills and connect with like-minded people. Meet at Knott-End Library Garden and Coast Pre-registration essential. Register for the above sessions with Mike: 07927 551380 or <a href="mailto:mmcdonnell@lancswt.org.uk">mmcdonnell@lancswt.org.uk</a></p>
<p><b>Mon 5</b></p>	<p><b>Rossall Beach Community Beach Clean - 9:30am – 10:30am / Free</b> Come along for a rewarding morning looking after the environment at Rossall Beach. <a href="http://www.rossallbeach.org.uk">www.rossallbeach.org.uk</a>. Just turn up. Meet at 9:25am on Rossall Promenade, Cleveleys near the flagpole FY5 1LP</p>
<p><b>Mon 5, 12 &amp; 19</b></p>	<p><b>Garstang Short Walk - 11am – 12 noon / Free</b> Join our volunteer walk leaders for a relaxed weekly walk along the footpaths and tracks of Garstang's countryside and historic Market Town. Just turn up at Cherestanc Square, Garstang.</p>
<p><b>Tues 6, 13, 20 &amp; 27</b></p>	<p><b>The Bay - Blueprint for recovery Wellbeing Group - Free</b> Join the Wildlife Trusts award winning wellbeing project to improve your mental health, help the natural world, learn new skills and connect with like-minded people. Meet at Rossall Point Observation Tower Pre-registration essential. Register for the above sessions with Mike: 07927 551380 or <a href="mailto:mmcdonnell@lancswt.org.uk">mmcdonnell@lancswt.org.uk</a></p>
<p><b>Tues 6</b></p>	<p><b>Knott End Beach Clean – 10:15am – 12 noon / Free</b> Everyone welcome! We provide all equipment. Just put on your boots or wellies and come along to help out. Please check <a href="http://www.wyrivertrust.org">www.wyrivertrust.org</a> for further information. Just turn up. Meet at Knott End Car Park, Quail Holme Road</p>
<p><b>Wed 7, 14, 21 &amp; 28</b></p>	<p><b>Memorial Park Gardening Club 9:30am – 12 noon / Free</b> Take part in a range of gardening activities with our volunteers who have a shared interest in growing plants, flowers, and vegetables. No experience is necessary. Just turn up. Meet at the Pavilion in the Memorial Park, Fleetwood.</p>
<p><b>Wed 7</b></p>	<p><b>Wyre Estuary Country Park Short Walk - 11am – 12 noon / Free</b> Join our volunteer walk leaders for an estuary walk, taking in views of the Wyre Estuary saltmarshes and woodlands along paths and tracks around Stanah. Just turn up at Wyre Estuary Country Park, Stanah</p>

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## Great Outdoor Activities – August 24 (3)

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Wed 7	<b>The founding of Fleetwood and the Ordnance Survey – 2pm</b> A talk by Charlie MacKeith on the founding of Fleetwood and the Ordnance Survey: another Fleetwood first? Just turn up at Fleetwood Museum, 6-7 Queens Walk, Fleetwood
Thurs 8	<b>Carleton Short Walk - 2pm – 3pm / Free</b> Enjoy fresh air and good company along tracks and paths through fields in the Carleton area. Just turn up at the Castle Gardens Pub rear car park, Carleton.
Thurs 8	<b>Sunset Moments at The Mount – 7:45pm – 9pm / Free</b> A short inspirational walk with the Fleetwood Wellbeing Way team, following the route of the Wellbeing Way. A warming brew will be available at the Mount Pavilion. Fleetwood area. <b>Booking Essential</b> – <a href="http://www.wyre.gov.uk/greatoutdoors">www.wyre.gov.uk/greatoutdoors</a>
Fri 9	<b>Xplorer Orienteering – 11am-3pm / Free</b> Meet at Wyre Estuary Country Park, Thornton. Find the hidden markers around the park! Register at the Riverside Room. For ages 5 to 14 years. Trampers, wheelchair, and pushchair accessible. No need to book.
Sun 11 & 25	<b>Cleveleys Beach Care - 10am – 11am / Free</b> Come and join Cleveleys Beach Care to help make a difference. Just turn up. <a href="http://www.facebook.com/cleveleysbeachcleaners">www.facebook.com/cleveleysbeachcleaners</a> for further information. Meet at Sea Swallow Statue, Top of Victoria Road
Weds 14	<b>Wyre Rivers Trust Amble – Catterall - 10:30am – 12:30pm / Free</b> Join us on an amble, learn about the work of the Wyre Rivers Trust, enjoy the fresh air and countryside. Meet at Catterall Village Hall Visit <a href="http://wyreriverstrust.org">wyreriverstrust.org</a> for more information and booking.
Wed 14	<b>Poulton Short Walk - 12:30pm - 1pm / Free</b> Join us for a pleasant half-hour lunch time walk from the Civic Centre in Poulton. Just turn up. Meet at the Civic Centre, Poulton
Wed 14	<b>Seasonal Gardening Demonstration - 1pm to 3pm / Free</b> Horticultural skills and seasonal gardening topics, for all skill levels. Everyone Welcome. Just turn up. Meet at The Mount, Fleetwood
Thurs 15	<b>Thornton Short Walk - 2pm – 3pm / Free</b> Enjoy a relaxed walk along pavements and paths to nearby parks and community woodlands in Thornton. (Note in wet weather some sections can be boggy underfoot). Just turn up. Meet at Tavern at the Mill, Thornton

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## Great Outdoor Activities – August 24 (4)

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<b>Fri 16</b>	<b>Catterall Legstretcher</b> - 10:30am - 12:30pm / Free A pleasant walk around the local countryside starting from Catterall, south of Garstang. Just turn up. Meet at Catterall Village Hall, Catterall
<b>Fri 16</b>	<b>Songs at the Museum - Folk Music Sessions - 1pm - 3pm</b> / Donations welcome All welcome to sing, listen or play, all types of music welcome. Just turn up at Fleetwood Museum, 6-7 Queens Terrace, Fleetwood.
<b>Sat 17</b>	<b>Knott End and Beyond Trumper Trek</b> - 10am – 2pm / £4 Explore the countryside tracks and paths from Knott End, either on foot, or on a trumper. Visit <a href="http://www.wyre.gov.uk/greatoutdoors">www.wyre.gov.uk/greatoutdoors</a> to book
<b>Sun 18</b>	<b>Conservation Day – Meadow Management / Seed Collecting</b> 10:30am – 2:30pm / Free Join the Coast and Countryside Team on our monthly Conservation Days in Wyre. Help maintain and improve local habitats, as well as improving areas for biodiversity and wildlife. All tools provided. To book on these practical sessions please visit <a href="http://www.wyre.gov.uk/greatoutdoors">www.wyre.gov.uk/greatoutdoors</a> . Pilling area.
<b>Tues 20</b>	<b>Nature inspired arts and crafts session</b> - 10am -12noon / Free Free and fun nature-themed arts and crafts session for children aged 7-11. Fun and easy/accessible session which teaches creative skills in a beautiful setting. This is a drop-off activity and children should be brought to the reception area at the Riverside Room at the start. Parents/guardians to collect their child from the reception area at 12.00pm. Thornton area <b>Booking Essential</b> – <a href="http://www.wyre.gov.uk/greatoutdoors">www.wyre.gov.uk/greatoutdoors</a>
<b>Wed 21</b>	<b>WRT– River Flies and River Dipping</b> - 10am – 12noon and 1pm – 3pm / Free Beneath the surface of the water, there is an unseen world of amazing wildlife ready to be discovered. All equipment is provided. Millennium Green, Garstang Contact <a href="mailto:charlie@wyrivertrust.org">charlie@wyrivertrust.org</a> for more information or visit <a href="http://wyrivertrust.org/contact-us">wyrivertrust.org/contact-us</a> to book.
<b>Wed 21</b>	<b>Wyre Big Beach Clean</b> - 10:30am – 12:30pm / Free Help clean up our beach of tidal debris. All equipment provided. Preesall area Visit <a href="http://www.wyre.gov.uk/greatoutdoors">www.wyre.gov.uk/greatoutdoors</a> to book your place

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<b>Wed 21</b>	<p><b>The Huntment Barracks</b> – 1:30pm – 3:30pm / Free</p> <p>A walk from the Cemetery main gates to look at the Huntment Barracks, the Queens Hotel, shooting ranges and military graves.</p> <p>To book contact Fleetwood Museum Reception 01253 876621 between 10.30am and 4pm, Monday to Saturday or in person by calling at the Museum Reception.</p>
<b>Thurs 22</b>	<p><b>Nordic Walking Taster Day</b> - 11:15am – 12:15pm / Free</p> <p>Take part in a Nordic Walking Taster with Ann Smith of Nordic Walking Wyre and find out all about this great way to enjoy the outdoors. Thornton area</p> <p>Book Direct with Nordic Wyre - 07587 185680 or email: <a href="mailto:nordicwyre@gmail.com">nordicwyre@gmail.com</a></p>
<b>Thurs 22</b>	<p><b>Sea Watch</b> - 12:30pm – 1:30pm / Free</p> <p>Join Lancashire Wildlife Trust for Sea watch as we look for seals, porpoises and dolphins passing by. There will be plenty of seabirds to admire from the top deck too. Rossall Point Tower, Fleetwood</p> <p>Booking essential via <a href="http://www.theybay.org.uk/events">www.theybay.org.uk/events</a></p>
<b>Fri 23</b>	<p><b>Knott End Short Walk</b> - 11am – 12noon / Free</p> <p>Enjoy views over the River Wyre and Morecambe Bay on paths and tracks around Knott End and nearby farmland. Suitable for trampers. (Trampers need to be booked 7 days in advance email <a href="mailto:greatoutdoors@www.wyre.gov.uk">greatoutdoors@www.wyre.gov.uk</a>). Meet at Knott End Café.</p>
<b>Fri 23</b>	<p><b>Wyre Rivers Trust – Brock Valley Bat Walk</b> - 8pm – 9:30pm / Free</p> <p>Brock Valley Picnic Site</p> <p>Explore the night-time world of these enigmatic creatures as they take flight and forage in the woodlands around the River Brock. All equipment is provided. Graded as an easy walk which 2 miles in distance.</p> <p>For further information contact <a href="mailto:charlie@wyreiverstrust.org">charlie@wyreiverstrust.org</a> or visit <a href="http://WyreRiversTrust.org/contact-us">WyreRiversTrust.org/contact us</a> to book</p>
<b>Sat 24</b>	<p><b>Bats and Moths Wildlife Evening</b> - 8:30pm - 10:30pm / £2</p> <p>Hawthorne Park, Thornton</p> <p>An exciting evening event looking for bats in the early evening (8:30-9:30pm) with Dave McGrath and the Wyre Rangers, followed by a moth hunt with expert Dave McGrath and his moth trap when it gets dark (9:30-10:30pm).</p> <p>Warm clothing/torch necessary.</p> <p>Contact Jenie Phillips on 01253 823516 for booking and information. Booking essential.</p>

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<b>Tues 27</b>	<p><b>Fleetwood Short Walk</b> – 2pm – 3pm/ Free Join our volunteer walk leaders for a relaxed walk along the promenade taking in the sea air and enjoying the views over the beaches, parks, and gardens of Fleetwood. Just turn up at Marine Hall, Fleetwood</p>
<b>Wed 28</b>	<p><b>Harbour Village Clean Up</b> – 10am – 11:30am / Free Everyone welcome! We provide all equipment. Just put on your wellies and come along to help out. Just turn up. Meet at the Play Area on Windward Avenue, Fleetwood.</p>
<b>Wed 28</b>	<p><b>Clay Animals Craft Session</b> - 10am – 12noon &amp; 1pm - 3pm / £3 per child Children's craft activity and short walk along the riverside path or around the woodland to collect natural materials to help create and decorate their clay animal. Suitable for children aged 5 – 8, with and adult present to help support their children if need be. Thornton area Visit <a href="http://www.wyre.gov.uk/greatoutdoors">www.wyre.gov.uk/greatoutdoors</a> to book</p>
<b>Wed 28</b>	<p><b>The Geology of the rocks on Rossall Point Beach</b> - 10:30am – 11:30am / Free Look at the pebbles on the beach and discuss how they were formed, where they are from and how they came to be on the beach today. Fleetwood area Visit <a href="http://www.wyre.gov.uk/greatoutdoors">www.wyre.gov.uk/greatoutdoors</a> to book</p>
<b>Fri 30</b>	<p><b>Hambleton Short Walk</b> - 2pm – 3pm / Free A circular walk around Hambleton. Just turn up. Meet at The Shovels Inn, Hambleton</p>
<b>Sat 31</b>	<p><b>Fleetwood Beach Care with The Bay</b> - 10:30am – 12 noon / Free Join us at Fleetwood for a beach clean and help care for our coast, all equipment provided, everyone welcome. Just turn up. Meet at Marine Beach Café near Central car park, off Promenade Road</p>
<b>Sat 31</b>	<p><b>Churchtown Short Walk</b> - 2pm – 3pm / Free A circular countryside walk along paths, tracks and across fields from St Helen's Church. Just turn up at St Helens Church car park</p>