# **WHAT'S ON**

**MAY 2024** 

# at Fleetwood Library

#### REGULAR EVENTS

#### Mondays and Saturdays: Friendship Group (1pm-3pm)

Come and meet new friends and have a chat.

#### Mondays: Craft Group (1.30pm-3.30pm)

Come along and spend an afternoon with our friendly bunch of crafters – a great way to pick up tips or share your own.

#### Mondays: Fleetwood Social Prescribers (10am-12pm)

Call in and find out more about the groups, activities, and events in Fleetwood to boost residents physical and mental health and how you can get involved.

#### **Tuesdays: Young at Heart Group (10am-12pm)**

Young at Heart is the social group for people aged 65+. Come and make friends while enjoying a cup of tea and chat, board games, and day trips. Pop in and say hello at this friendly group, no need to book. Supported by NHS Social Prescribers.

#### **Tuesdays: Craft and Create (2pm-4pm)**

Bring your own craft and create your own unique designs. Come and share your knowledge or even pick up some tips whilst making new friends.

#### Tuesdays 7th and 21st: Supported Shared Reading Poetry Group (10.30am-11.30am)

If you love poetry then come along and join our group every other Tuesday.

#### Tuesday 14th: Reading Group (2:15pm-3:15pm)

Try something new and engage in lively discussion with our adult reading group every second Tuesday of the month. To take part attend our next meeting and request a copy of this month's book.

#### **Tuesdays 14th and 28th: Dementia Singing Group (2.30pm-4pm)**

Join us for singing, coffee and chat, every other Tuesday. To take part just turn up.

#### Wednesdays: Healthier Fleetwood (10am–12)

Call in and find out more about the groups, activities and events in Fleetwood to boost residents physical and mental health and how you can get involved to support the community.

#### Wednesdays: Healthier Fleetwood Craft (10am-12)

Come along and have fun. No need to book, just turn up. All materials provided, suitable for all ages.

#### Wednesdays: Lego Club (10am-12) and Saturdays (10.30am-3.30pm)

What can you build? Let your imagination decide at our Lego Club. To join simply turn up on the day.

#### Wednesdays: F.A.B Breastfeeding Group (1pm-2.30pm)

Families and Babies is a registered UK charity that supports, promotes, and protects breastfeeding and wellbeing in Lancashire. Join them at Fleetwood Library for help and advice with your breastfeeding journey.

#### Wednesdays: Let's Play Chess (1pm-3pm)

Our weekly chess session is open to all abilities, just yourself is required. This popular game is also a great way to get to know people and socialise in an informal setting.

#### Wednesdays: Music Wednesday (1pm-4pm)

Come and join us for an afternoon of music.

#### Wednesdays 8th and 22nd: Dementia Singing Group (2.30pm-3:30pm)

Join us for singing, coffee and chat, every other Wednesday. To take part just turn up.

### Thursdays: Friends of Fleetwood Library Beginners Yoga (10.30am-12)

If you enjoy yoga or are a beginner, why not come and join our Thursday morning class. Please bring your own mat.

# Thursdays: Self-led Art Group (12-2pm)

Come along to the library to join in our Thursday self-led art group, all skill levels welcome. Please bring your own paint/brushes/paper with you.

# **Thursdays: Craft and Create (1pm-3pm)**

Bring your own craft and create your own unique designs. Come and share your knowledge or even pick up some tips whilst making new friends.

### Thursdays: Beginners Tablet & Computer Course (2pm-3pm and 3pm-4pm)

Our free sessions run every Thursday and aim to teach the basics, including using a keyboard, touchscreen basics, emails and even shopping.

# **Thursdays: Quiet Hour (5pm-6pm)**

Enjoy all the library has to offer with a little less noise.

#### Fridays: Baby Bounce and Rhyme with Story Time (10am-11am)

Sing, bounce and jingle every Friday morning in our bubbly Baby Bounce session where all the classic nursery rhymes feature. All infants under school age are welcome to join in our lively sing-a-long and also stay for our Friday morning story time session too.

# Saturdays: Friends of Fleetwood Library Spanish for Beginners (10.30am-11.15am) and Advanced Spanish (11.30am-12.15pm)

Try something new by learning a new language or if you know a little Spanish try the advanced class.

#### Saturdays: Lego and STEM Club (3pm-4pm)

Calling all master builders and Lego enthusiasts! Come and share your passion and amazing creations at our Lego/ STEM Club where you can also try out some fun STEM based games!

All children under 8 must be accompanied by an adult.

#### **Home Library Service:**

Do you struggle to get to your local library because of health or mobility problems? If so and you don't have anyone who can help you, please contact the library service.

#### For further information about any of these events. Please contact:

Tel: 0300 123 6703 or Email: fleetwood.library@lancashire.gov.uk

#### **Fleetwood Library Opening Hours:**

Mon 9 – 5, Tue 9 – 5, Wed 9 – 5, Thu 9 – 7, Fri 9 – 5 and Sat 9 – 5