



Great Outdoor Activities – March 24

Please check www.wyre.gov.uk for the latest updates

<p>Fri 1, 8, 15, & 22</p>	<p>The Bay - Blueprint for recovery Wellbeing Group - Free Join the Wildlife Trusts award winning wellbeing project to improve your mental health, help the natural world, learn new skills and connect with like-minded people. Meet at Wyre Estuary Country Park, Stanah Pre-registration essential. Register for the above sessions with Mike: 07927 551380 or mmcdonnell@lancswt.org.uk</p>
<p>Sun 3, 17 & 31</p>	<p>Cleveleys Beach Care - 10am – 11am / Free Come and join Cleveleys Beach Care to help make a difference. Just turn up. www.facebook.com/cleveleysbeachcleaners for further information. Meet at Sea Swallow Statue, Top of Victoria Road</p>
<p>Mon: 4, 11, 18 & 25</p>	<p>The Bay - Blueprint for recovery Wellbeing Group - Free Join the Wildlife Trusts award winning wellbeing project to improve your mental health, help the natural world, learn new skills and connect with like-minded people. Meet at Knott-End Library Garden and Coast Pre-registration essential. Register for the above sessions with Mike: 07927 551380 or mmcdonnell@lancswt.org.uk</p>
<p>Mon: 4, 11, 18 & 25</p>	<p>Garstang Short Walk - 11am – 12 noon / Free Join our volunteer walk leaders for a relaxed weekly walk along the footpaths and tracks of Garstang's countryside and historic Market Town. Just turn up at Cherestanc Square, Garstang.</p>
<p>Tue 5, 12, 19 & 26</p>	<p>The Bay - Blueprint for recovery Wellbeing Group - Free Join the Wildlife Trusts award winning wellbeing project to improve your mental health, help the natural world, learn new skills and connect with like-minded people. Meet at Rossall Point Observation Tower Pre-registration essential. Register for the above sessions with Mike: 07927 551380 or mmcdonnell@lancswt.org.uk</p>
<p>Tues 5</p>	<p>Knott End Beach Clean – 10:15am – 12 noon / Free Everyone welcome! We provide all equipment. Just put on your boots or wellies and come along to help out. Please check www.wyrivertrust.org for further information. Just turn up. Meet at Knott End Car Park, Quail Holme Road</p>
<p>Tues 5</p>	<p>Great Eccleston Short Walk 2pm – 3pm / Free Pleasant walk through Great Eccleston and along the River Wyre, walking shoes will be required for this walk, this is one of our more advanced short walks, including stiles. Just turn up. Meet at Great Eccleston Village Centre.</p>

For more information or to book visit www.wyre.gov.uk/greatoutdoors



Great Outdoor Activities – March 24 (2)

Please check www.wyre.gov.uk for the latest updates

Wed 6, 13, 20 & 27	Memorial Park Gardening Club 9:30am – 12 noon / Free Take part in a range of gardening activities with our volunteers who have a shared interest in growing plants, flowers, and vegetables. No experience is necessary. Just turn up. Meet at the Pavilion in the Memorial Park, Fleetwood.
Wed 6	Wyre Estuary Country Park Short Walk - 11am – 12 noon / Free Join our volunteer walk leaders for an estuary walk, taking in views of the Wyre Estuary saltmarshes and woodlands along paths and tracks around Stanah. Just turn up at Wyre Estuary Country Park, Stanah
Thurs 7, 15, 21 & 28	Rossall Point Tower Beach Clean - 10:30am – 12 noon / Free A chance to help care for the coast with no long term commitment. Just turn up. Meet Rossall Point Tower, Promenade, Fleetwood
Fri 8, 15, 22 & 29	Wyre Wheels – Sessions run from 10am till 1pm (with the last admission at 12.30pm) / £4 per person Wyre Wheels is a cycling programme offering participants the opportunity to ride adapted bicycles including trikes, side-by-sides, hand bikes, quad and wheelchair bikes. Just turn up at the Memorial Park Pavilion (next to the cenotaph).
Mon 11	Rossall Beach Community Beach Clean - 9:30am – 10:30am / Free Come along for a rewarding morning looking after the environment at Rossall Beach. www.rossallbeach.org.uk . Just turn up. Meet at 9:25am on Rossall Promenade, Cleveleys near the flagpole FY5 1LP
Wed 13	Wyre Big Estuary Clean – 10:30am – 12:30pm / Free Help clean up the River Wyre Estuary of tidal debris. All equipment provided. Hambleton area. Visit www.wyre.gov.uk/greatoutdoors to book your place.
Wed 13	Poulton Short Walk - 12:30pm - 1pm / Free Join us for a pleasant half-hour lunch time walk from the Civic Centre in Poulton. Just turn up. Meet at the Civic Centre, Poulton
Wed 13	Seasonal Gardening Demonstration - 1pm to 3pm / Free Horticultural skills and seasonal gardening topics, for all skill levels. Everyone Welcome. Just turn up. Meet at The Mount, Fleetwood

For more information or to book visit www.wyre.gov.uk/greatoutdoors



Great Outdoor Activities – March 24 (3)

Please check www.wyre.gov.uk for the latest updates

Thurs 14	<p>Nordic Walking Taster Day - 11:15am – 12:15pm / Free</p> <p>Take part in a Nordic Walking Taster with Ann Smith of Nordic Walking Wyre and find out all about this great way to enjoy the outdoors. Thornton area</p> <p>Book Direct with Nordic Wyre - 07587 185680 or email: nordicwyre@gmail.com</p>
Thurs 14	<p>Stalmine Short Walk - 2pm – 3pm / Free</p> <p>A country circular walk along lanes, tracks and across fields. Possibly using stiles. Just turn up. Meet at Stalmine Playing Fields</p>
Fri 15	<p>Pilling Legstretcher - 10:30am – 12:30pm / Free</p> <p>Join the volunteer leaders to explore the paths, tracks and fields around Pilling – can be muddy. Just turn up. Meet at Pilling Village Hall, Taylors Lane, Pilling</p>
Thurs 21	<p>Thornton Short Walk - Thursday 21 2pm – 3pm / Free</p> <p>Enjoy a relaxed walk along pavements and paths to nearby parks and community woodlands in Thornton. (Note in wet weather some sections can be boggy underfoot)</p> <p>Just turn up. Meet at Tavern at the Mill, Thornton</p>
Fri 22	<p>Knott End Short Walk - 11am – 12noon / Free</p> <p>Enjoy views over the River Wyre and Morecambe Bay on paths and tracks around Knott End and nearby farmland. Suitable for trampers. (Trampers need to be booked 7 days in advance email greatoutdoors@www.wyre.gov.uk). Meet at Knott End Café.</p>
Sun 24	<p>Conservation Day - 9:30am – 2:30pm / Free</p> <p>Join the Coast and Countryside Team on our monthly Conservation Days in Wyre. Help maintain and improve local habitats, as well as improving areas for biodiversity and wildlife. All tools provided. To book on these practical sessions please visit www.wyre.gov.uk/greatoutdoors. Thornton area.</p>
Tues 26	<p>Fleetwood Short Walk – 2pm – 3pm/ Free</p> <p>Join our volunteer walk leaders for a relaxed walk along the promenade taking in the sea air and enjoying the views over the beaches, parks, and gardens of Fleetwood. Just turn up at Marine Hall, Fleetwood</p>
Wed 27	<p>Harbour Village Clean Up – 10am – 11:30am / Free</p> <p>Everyone welcome! We provide all equipment. Just put on your wellies and come along to help out. Just turn up. Meet at the Play Area on Windward Avenue, Fleetwood.</p>
Sat 30	<p>Fleetwood Beach Care with The Bay - 10:30am – 12 noon / Free</p> <p>Join us at Fleetwood for a beach clean and help care for our coast, all equipment provided, everyone welcome. Just turn up. Meet at Marine Beach Café near Central car park, off Promenade Road</p>

For more information or to book visit www.wyre.gov.uk/greatoutdoors