



FLEETWOOD YOUNG CHEF OF THE YEAR: Challenge Calendar

	WHEN							
WHO	Week 1:	Week 2:	Week 3:	Week 4:	Week 5:	Week 6:	Week 7:	October
Schools	Teach Fleetwood Award Scheme of Work using the lesson plans and teaching resources. Prepare resources each week as per the resource overview document. Children to record in their journals (as provided).					Week 6 half the class cook their menu at local secondary school. Week 7 the other half cook. Teacher chooses class winner.		Class winners compete in final. Winner announced.
Pupils/parents/carers (home)	Further research own 'HERO' Optional challenge: Make a Spaghetti Bolognese (refer to recipe card)	Bring in an item of food or wrapper from the furthest destination. Optional challenge: Make a carrot soup (refer to recipe card)	Research varieties of smoothies available in the shops. Source menu ingredients re. freshness and value for money. Optional challenge:	Begin to research and plan recipes. Optional challenge: Make a salad (refer to recipe card)	Consider shopping for ingredients. Practise setting the table. Optional challenges: make meringues (refer to recipe card); practise napkin	Buy ingredients.		Buy ingredients for final.

			Make a Smoothie (refer to recipe card)		folding http://www.napkinfoldingguide.com/01-pyramid/			
TWELVE	Deliver session for all Fleetwood schools (Focus is on ingredients, seasonality and menu planning) Home learning opportunity - www.eatseasonably.co.uk/what-to-eat-now-calendar							
My Fish Company	Deliver session for all Fleetwood schools (Focus is on sustainability and seasonality)							
Secondary schools/ venues for cooking							Provide venue for schools to complete their cooking – Food technology rooms/individual stations	