

Great Outdoors

October

What's on at our Coast, Countryside and Parks



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Weekly	The Bay - Blueprint for recovery Wellbeing Group - Free Monday: Weekly at Preesall & Knott-End Coast Tuesday: Weekly at Rossall Point Observation Tower, Rossall Friday: Weekly at Wyre Estuary Country Park, Stanah Join the Wildlife Trusts award winning wellbeing project to improve your mental health, help the natural world, learn new skills and connect with like-minded people. Pre-registration essential. Get full details and Register for the above sessions with Mike: 07927 551380 or mmcdonnell@lancswt.org.uk
Wed 1, 8, 15, 22 & 29	Memorial Park Gardening Club 9:30am – 12 noon / Free Take part in a range of gardening activities with our volunteers who have a shared interest in growing plants, flowers, and vegetables. No experience is necessary. Just turn up at the Pavilion in the Memorial Park, Fleetwood.
Wed 1 & 29	Wyre Estuary Country Park Short Walk 11am – 12 noon / Free taking in views of the Wyre Estuary saltmarshes and woodlands along paths and tracks around Stanah. Meet at Wyre Estuary Country Park, Stanah. Just turn up. Suitable for trampers. Tramper must be booked seven days in advance.
Thur 2, 9, 16, 23 & 30	Rossall Point Tower Beach Clean 10:30am – 12 noon / Free Beach cleaning the coast around Rossall point. Help to remove marine litter and debris. Meet at Rossall Point Tower, Fleetwood. Just turn up.

Thur 2 & 30	Carleton Short Walk 2pm – 3pm / Free Enjoy fresh air and good company along tracks and paths through fields in the Carleton area. Meet at Castle Gardens Pub rear car park, Carleton. Just turn up.
Fri 3, 10, 17, 24 & 31	Social Cycling 10am – 11am / Free If you would like to get out cycling or you'd like to start cycling with others, these relaxed paced rides might be just what you need. Adult bikes and helmets available or bring your own. Every Friday at Marine Hall, Fleetwood
Fri 3, 10, 17, 24 & 31	Wyre Wheels Adaptive Cycling 10am – 1pm / £4 A range of adaptive bicycles available for those with disabilities, limited mobility or recovering from illness or injury. Open to anyone who wants to get back on their bike. Drop in any time, last admission 12:30pm. No need to book.
Mon 6	Rossall Beach Community Beach Clean 9:30am - 10:30am / Free Come along for a rewarding morning looking after the environment at Rossall Beach. www.rossallbeach.org.uk. Just turn up. Meet at 9:25am on Rossall Promenade, Cleveleys near the flagpole FY5 1LP
Mon 6, 13, 20 & 27	Garstang Short Walk 11am –12 noon / Free Join our volunteer walk leaders for a weekly relaxed walk along the footpaths and tracks of Garstang's countryside and historic Market Town. Just turn up at Cherestanc Square, Garstang.

Thur 9	Wyre Estuary Citizen Science Walk 10am – 12 noon / Free Help our Future Coast collect information on the Wyre Estuary. Join us on a relaxed walk where we'll set out to capture fixed-point photography images along the saltmarsh. Just turn up at the Wyre Estuary Country Park, Stanah.
Thur 9	Thornton Short Walk 2pm – 3pm / Free Enjoy a relaxed walk along pavements and paths to nearby parks and community woodlands in Thornton. Just turn up. Meet at Tavern at the Mill, Thornton.
Fri 10	Knott End Short Walk 11am – 12 noon / Free Enjoy views over the River Wyre and Morecambe Bay on paths and tracks around Knott End and nearby farmland. Just turn up at Knott End car park (behind the Coastguard Station)
Sat 11	Garstang Library Family Seasonal Nature Discovery Activity 10am – 11am / Free Take part in an indoor family nature discovery activity. Drop in between 10am and 11am at Garstang Library. All children must be accompanied by a parent or guardian.
Sun 12 & 26	Cleveleys Beach Care 10am – 11am / Free Come and join Cleveleys Beach Care to help make a difference. www.facebook.com/cleveleysbeachcleaners for further information. Just turn up. Meet at Sea Swallow Statue, Top of Victoria Road

Knott End Beach Clean 10:15am – 12 noon / Free Everyone welcome! We provide all equipment. Just put on your boots or wellies and come along to help out. Please check www.wyreriverstrust.org for further information. Just turn up. Meet at Knott End Car Park, Quail Holme Road			
Wyre Big Beach Clean 10:30am – 12:30pm / Free Help clean up our beach of tidal debris. All equipment provided. Pilling area. Visit <u>www.wyre.gov.uk/greatoutdoors</u> to book your place.			
Great Eccleston Short Walk 2pm – 3pm / Free Pleasant walk through Great Eccleston and along the River Wyre. A more advanced short walk, including stiles. Wear your walking boots. Meet at Great Eccleston Village Centre. Just turn up.			
Larkholme Beach Clean 10am – 11:30am / Free Help protect our award-winning seas and beaches, and the wildlife that thrives there, from the effects of plastic and littler pollution. Meet at Rossall Hospital car park, Westway, Fleetwood. Just turn up.			
Scorton Short Walk 2pm – 3pm / Free A more advanced circular walk around Scorton. Just turn up. Meet at Scorton Village Centre.			
Churchtown Short Walk 2pm – 3pm / Free A circular countryside walk along paths, tracks and across fields from St Helen's Church. Meet at St Helens Church car park. Just turn up.			
Stalmine Short Walk 2pm – 3pm / Free A country circular walk along lanes, tracks and across fields. Possibly using stiles. Meet at Stalmine Playing Fields. Just turn up.			

Fri 24	Catterall Legstretcher 10:30am – 12:30pm / Free A pleasant walk around the local countryside. Meet at Catterall Village Hall, Garstang Road. Just turn up.
Sat 25	Fleetwood Beach Care 10:30am – 12noon / Free Join us at Fleetwood for a beach clean and help care for our coast, all equipment provided, everyone welcome. Just turn up outside the Café Kiosk, Promenade, Marine Beach, Central Car Park, The Esplanade, Fleetwood
Sun 26	Conservation Day 10am – 2:30pm / Free Spend a few hours with the ranger team carrying out important seasonal land management tasks. With a range of activities from tree planting to pathway works. Visit www.wyre.gov.uk/greatoutdoors to book your place.
Wed 29	Harbour Village Clean Up 10am – 11:30am / Free Everyone welcome! We provide all equipment. Just put on your wellies and come along to help out. Just turn up. Meet at the Play Area on Windward Avenue, Fleetwood.
Thur 30	Nature Craft Sessions 10am – 12 noon and 1pm – 3pm / £3 Make your own Halloween or nature themed decorations to take home. A craft session aimed at 5-12 years old. Parents/guardians must remain with the children. Thornton Area. Visit www.wyre.gov.uk/greatoutdoors to book your place.