# **WHAT'S ON**

**NOVEMBER 2025** 

# at Fleetwood Library

# ONE-OFF EVENTS

# Tuesday 4th: Magic of Meditation with Lancashire Adult Learning (1.30pm-4pm)

This taster session is designed to introduce participants to the fundamentals of meditation. The session aims to provide a practical, hands-on experience that allows participants to understand the basic principles and benefits of meditation, explore simple meditation techniques, and develop a foundation for incorporating meditation into their daily lives. This event is free to all adults over 19. Booking required. Please contact the library to book your place.

#### **Libraries Week:**

### Saturday 1st: Seed Planting (drop-in) (10.30am-3.30pm)

Come along and plant some herb seeds to take home and watch them grow.

#### REGULAR EVENTS

# Mondays, Tuesdays, Thursdays, Fridays and Saturdays: Friendship Group (1pm-3pm) Come and meet new friends and have a chat.

#### Mondays: Knit and Natter (1.30pm-3.30pm)

Come along and spend an afternoon with our friendly bunch of crafters – a great way to pick up tips or share your own.

# **Tuesdays: Young at Heart Group (10am-12pm)**

Young at Heart is the social group for people aged 65+. Come and make friends while enjoying a cup of tea and chat, board games, and day trips. Pop in and say hello at this friendly group, no need to book. Supported by NHS Social Prescribers.

# **Tuesdays: Craft and Create (1pm-4pm)**

Bring your own craft and create your own unique designs. Come and share your knowledge or even pick up some tips whilst making new friends.

# Tuesday 11th: Reading Group (2:15pm-3:15pm)

Try something new and engage in lively discussion with our adult reading group every second Tuesday of the month. To take part attend our next meeting and request a copy of this month's book.

# Tuesday 25th: Crimes and Chapters Reading Group (2.15pm-3.15pm)

Try something new and engage in lively discussion with our crime and thriller adult reading group every fourth Tuesday of the month. To take part attend our next meeting and request a copy of this month's book.

# Tuesday 11th and 25th: Dementia Singing Group (2.30pm-4pm)

Join us for singing, coffee and chat, every other Tuesday. To take part just turn up.

# Wednesdays: Healthier Fleetwood (10am-12)

Call in and find out more about the groups, activities and events in Fleetwood to boost residents physical and mental health and how you can get involved to support the community.

# **Wednesdays: Crafting Social supported by Healthier Fleetwood (10am-12)**

Come along and have fun. Bring your own materials and projects. Adults only

#### Wednesdays: Let's Play Chess (1pm-3pm)

Our weekly chess session is open to all abilities, just yourself is required. This popular game is also a great way to get to know people and socialise in an informal setting.

#### Wednesdays: Music Wednesday (1pm-4pm)

Come and join us for an afternoon of music.

# **Thursdays: Friends of Fleetwood Library Coffee Morning (10am-12)**

You can share your ideas on what you would like to see in your library whilst making new friends and enjoying a cup of tea or coffee.

#### Thursdays: Dominoes for All - Beginners, Experts, Everyone (10.30am-11.30am)

Double Nine Dominoes for all abilities in a friendly and welcoming environment with conversation and refreshments.

# Thursdays: Self-led Art Group (12-2pm)

Come along to the library to join in our Thursday self-led art group, all skill levels welcome. Please bring your own paint/brushes/paper with you.

#### Thursdays: Chair Yoga (1.30pm-2.30pm)

Chair based yoga is perfect for anyone who wants to enjoy the benefits of yoga from a chair. It will also help lift your mood whilst making new friends. Booking required. Please email friendsoffleetwoodlibrary@outlook.com to book your place. Tickets cost £5pp.

#### Thursdays: Beginners Tablet & Computer Course (2pm-3pm and 3pm-4pm)

Our free sessions run every Thursday and aim to teach the basics, including using a keyboard, touchscreen basics, emails and even shopping.

#### Thursdays: Quiet Hour (5pm-6pm)

Enjoy all the library has to offer with a little less noise.

# Friday 7th: Sensory Story Time (9.30am-10am)

Join us on the first Friday of every month for sensory story time, an interactive way of telling stories.

#### Fridays: Baby Bounce and Rhyme with Story Time (10am-11am)

Sing, bounce and jingle every Friday morning in our bubbly Baby Bounce session where all the classic nursery rhymes feature. All infants under school age are welcome to join in our lively sing-a-long and also stay for our Friday morning story time session too.

# **Saturdays: Friends of Fleetwood Library Learn Spanish Group**

Embark on a language learning adventure, perfect for honing your Spanish skills or starting from scratch. Sessions are tailored to suit all levels, so there's something for everyone: There is a donation of £3.00 per session.

Advanced: 9:30am–10:30amIntermediate: 10:30am–11:30amBeginners: 11:30am–12:30pm

# Saturday 29th: Social Dementia Singing with Roger Lloyd Jones (2.30pm-4pm)

Join us for an afternoon of singing, last Saturday of the month. To take part just turn up.

#### Saturdays: Lego and STEM Club (10.30am-11.30am)

Calling all master builders and Lego enthusiasts. Come and share your passion and amazing creations at our Lego/STEM Club where you can also try out some fun STEM based games. All children under 8 must be accompanied by an adult.

# **Home Library Service:**

Do you struggle to get to your local library because of health or mobility problems? If you do, and you don't have anyone who is able to help you, please contact the library service.

#### For further information about any of these events. Please contact:

Tel: 0300 123 6703 or Email: fleetwood.library@lancashire.gov.uk

#### **Fleetwood Library Opening Hours:**

Mon 9 – 5, Tue 9 – 5, Wed 9 – 5, Thu 9 – 7, Fri 9 – 5 and Sat 9 – 5